

FOOD DONATION CHALLENGE

Share your kindness!

In this challenge, you'll start by searching your kitchen for non-perishable food items, like canned goods or pasta, to donate to a local charity or food bank. Encourage your friends to do the same, and together, you can make a bigger impact. Or, you can volunteer at a food bank for a day, helping sort and pack food, and experience firsthand how important donations are to your community.

Sharing is Caring!

Activity 1: Check your food inventory!

- Do a quick sweep of your kitchen and **gather non-perishable food items** like canned goods or dried pasta that you haven't used in a while. Set them aside for donation.

Activity 2: Design your own packaging

- Research **local food banks or charities** and **donate** the items you collected. Check their websites or call to make sure they accept the items you have. Organise a mini donation drive with family members or friends for extra support.

or

Be Volunteer!

- You can visit a **local food bank or charity** and spend a day **volunteering**. Help sort, pack, or distribute food to those in need. This hands-on experience will give you a better understanding of how food donations make a difference in your community.



The challenge is completed when all group members have completed a donation or volunteering process.



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