

The 5 R's

The 5 R's are all about rethinking how we use resources to make our lives and the planet healthier. By practicing Refuse, Reduce, Reuse, Repurpose, and Recycle, we can minimize waste, conserve energy, and protect the environment. It's a simple yet powerful way to cut down on what we throw away, give items a second life, and turn old things into something new. Plus, it helps save money, reduce pollution, and make a positive impact on our communities and future generations.

The 5 R's

- **Refuse:** Say no to things you don't need, especially single-use items.
- **Reduce:** Cut down on what you consume to create less waste.
- **Reuse:** Use items again instead of throwing them away.
- **Repurpose:** Turn old or unused items into something new and useful.
- **Recycle:** Process materials to make them into new products.



How are the 5 R's helpful?

1. Waste Reduction: Did you know that practicing the 5 R's can significantly reduce the amount of waste sent to landfills, helping to conserve space and reduce pollution.

2. Economic Benefits: Repurposing and reusing items can save money while creating opportunities for creativity and innovation in sustainable living.

3. Energy Savings: Recycling and reusing materials require less energy than producing new ones, helping to lower carbon emissions and conserve resources.



Co-funded by
the European Union

Source: clean management.com, hazchem.com, rts.com



VOYAGER
EMPOWERING YOUTH.
TRANSFORMING
TOMORROW!