

ECO-TOURISM

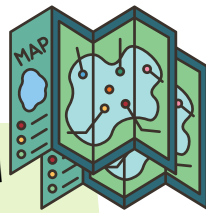
What is Eco-tourism?

Eco-tourism is a form of sustainable travel and tourism that focuses on visiting tourist destinations while minimizing the negative impact on the surrounding environment and pollution of the visited place.



Information box

- Train journey emits **just 41 grams of CO₂** per km.
- Car journey emits **171 grams of CO₂** per km.
- Airplane journey emits **254 grams of CO₂** per km.



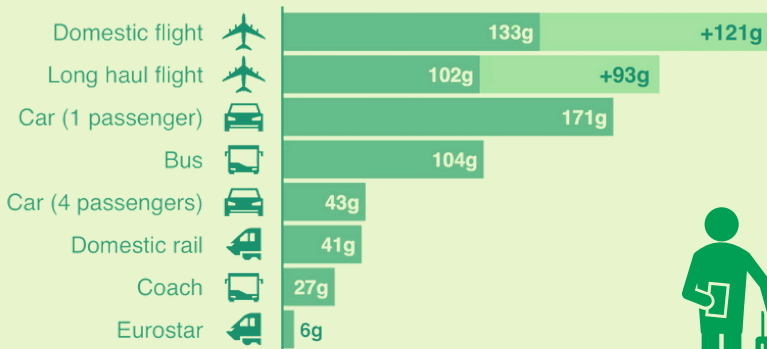
How to be an Eco-tourist

Typically, eco-tourists are people who travel sustainably, such as by train, bike, or shared car, and stay in sustainable accommodations to reduce their environmental footprint. They usually:

- Stay in accommodations that are budget-friendly yet environmentally conscious, such as hostels, ecolodges, or hotels with green certifications
- Choose accommodations that prioritize renewable energy, water conservation, and waste reduction.
- Support local farmers by dining at restaurants serving locally sourced and organic food.
- Act responsibly at their destination by reducing waste, avoiding single-use plastics, and respecting local wildlife.

Which way of travelling pollutes the most

■ CO2 emissions ■ Secondary effects from high altitude, non-CO2 emissions



How to spot a Green certification labels



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